

Medical Disclaimer

MEDICAL DISCLAIMER

The information provided by Brian Parana, ParanaFit, and all related employees, affiliates, partners, coaches, and all other sources here and within the ParanaFit coaching community are not intended to be a substitute for professional medical advice, diagnosis, treatment, prevention, or cure. Never disregard professional medical advice, or delay in seeking it, because of something you have read on this website. Never rely on information on this website or ParanaFit in place of seeking qualified professional medical advice.

ilovemacros.com and Brian Parana are not responsible or liable for any advice, course of treatment, diagnosis or any other information, services or products that you obtain through this site. You are encouraged to consult with your doctor with regard to this information contained on or through this website. After reading articles, watching videos or reading other content from this website, you are encouraged to review the information carefully with your professional healthcare provider.

PERSONAL DISCLAIMER

I am not a doctor. The information I provide is based on many years of personal experience and study. Any recommendations I make about exercise, nutrition, supplements or lifestyle should be discussed between you and your doctor because any variation in your health routine involves risks.

RESULTS DISCLAIMER

We make every effort to ensure that we accurately represent these products and services and their potential for muscle building results and fat burning results. Muscle gain and fat loss results made by our company and its customers are estimates of what we think you can possibly earn. There is no guarantee that you will experience the same results and you accept the risk that the muscle building results and fat loss results differ by individual.

As with any fitness program, your results may vary, and will be based on your individual capacity, previous experience, ability to take action and level of desire. There are no guarantees concerning the level of success you may experience. The testimonials and examples used are exceptional results, which do not apply to the average purchaser, and are not intended to represent or guarantee that anyone will achieve the same or similar results. Each individual's success depends on his or her background, dedication, desire and motivation.

There is no assurance that examples of past muscle building and fat burning results can be duplicated in the future. We cannot guarantee your future results and/or success. Nor can we guarantee that you maintain the results you experience if you do not continue following the program. We are not responsible for your actions.

The use of our information, products and services should be based on your own due diligence and you agree that our company is not liable for any success or failure of your physique that is directly or indirectly related to the purchase and use of our information, products and services.

If this disclaimer prevents you from taking action, then my information, products and services are not for you. If this disclaimer inspired you to step up and give my real-world solution an honest try, then congratulations and our company looks forward to working with you.